

# European Tavern

Rio Maior 2015 Portugal

27 Feb/7 Mar



This ToolFair Booklet is an outcome of the European Tavern Training Course organised by H2O in 27 February – 07 March 2015 supported by Portuguese National Agency, under ERASMUS+. The Training Course was open for youth leaders, youth workers working with rural youth from Portugal, Italy, Hungary, Malta, Finland, Slovakia, Israel, Ukraine, Georgia, Spain, Estonia, Romania and Cyprus.





## What does it involve?

Erasmus+ is the EU's new programme for boosting skills and employability through education, training, youth, and sport. Between 2014-2020 the programme will provide opportunities for over 4 million Europeans to study, train, gain work experience and volunteer abroad.

Funding for youth activities under Erasmus+ aims to improve the key competences, skills and employability of young people, promote young people's social inclusion and well-being, and foster improvements in youth work and youth policy at local, national and international level.



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**Concretely in the field of youth,  
the Erasmus + programme offers three main opportunities:**

## Key Action 2

### Key Action 1

Mobility opportunities for young people and youth workers.

Young people have the opportunity to participate in youth-exchanges or to volunteer for a period up to one year in another country.

Youth workers can take part in training and networking activities abroad or spend some time in a youth organisation abroad for a job shadowing or an observation period.

Opportunities for cooperation for innovation and exchange of good practices.

Organisations can apply for funding to work in partnership with organisations from other participating countries.

The projects funded under this action will focus on sharing, developing and transferring innovative practices in education, training and youth provision between participating countries.

### Key Action 3

Opportunities to support policy reform.

The Erasmus+ programme will fund strategic activities supporting policy reform across the EU.

Funding opportunities in the field of youth under this action can take the form of meetings between young people and decision makers.

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## Trainers



**Mota Arvai**

**YOPA**  
**Youth for Participation Organization**  
Trainer and Consultant



**Endre Kiss**

**YOPA**  
**Youth for Participation Organization**  
Trainer and Consultant



**Alexandre Jacinto**

**H2O - Arronqueas Youth Association**  
Coordinator Facilitator

## Organization



**Associação de Jovens de  
Arronqueas**



The following ToolKit Booklet was developed through the training course European Taverna under the Key Action 1 with the support of KA 1 Mobility project for young people and youth workers. This booklet is a practical toolkit for volunteers, youth workers, youth leaders and young people in general who aim to work on rural development through social entrepreneurship with for and by youth work activities.

This manual includes activities which were presented during the training course and most of them are flexible to adapt to particular needs of rural youth.

## Who can take part?

Various opportunities are available under Erasmus+, including opportunities for young people (aged 13-30), youth organisations, and other stakeholders active in the field of youth.

**Find out more under:** [http://ec.europa.eu/programmes/erasmus-plus/index\\_en.htm](http://ec.europa.eu/programmes/erasmus-plus/index_en.htm)



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## Our Train was about

### Learning objectives of the training course were:

- To share ideas how to preserve and protect traditions, culture and nature in rural areas and initiate entrepreneurship to renew it by youth work activities;
- To invent new tools for developing the youth sector in related with traditions, culture, environment protection through entrepreneurship;
- To explore methods and activities on motivating and encouraging young people to stay in the villages and fight against unemployment in rural areas;
- To experience a best practice for rural development through youth entrepreneurship by implementing European Taverna in a local festival;
- To find partners for future projects according to the proposals of Erasmus + programme in regarding to entrepreneurship and employability through preserving, protecting and renewing culture, tradition and nature of rural areas.



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## The motto of our Training

*"Europe 2020 is the EU's growth strategy for the coming decade. In a changing world, we want the EU to become a smart, sustainable and inclusive economy. These three mutually reinforcing priorities should help the EU and the Member States deliver high levels of employment, productivity and social cohesion. Concretely, the Union has set five ambitious objectives - on employment, innovation, education, social inclusion and climate/energy - to be reached by 2020. Each Member State has adopted its own national targets in each of these areas. Concrete actions at EU and national levels underpin the strategy."*

*José Manuel Barroso*



**Our tools in local levels in order to underpin the Strategy and develop our rural areas by actions of our young people:**

*"Cuida Tu Cultura"*

*"Festa dell' Unitá"*

*"Rose Festival"*

*"Movie Night"*

*"Band Exchange Project"*

*"Traditional Daily"*

*"Motanka Doll Workshop"*

*"TSCHEBURASCHKA"*

*"Traditional Dance"*

*"Interview practice"*

*"Communication through art and traditional (comuni-CAT) Y.i.A.1.2"*

*"Arts Exhibition"*

*"Night Adventure"*

*"Bedouins' week"*

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**Timing:** 1 year (Nov 2014-Nov 2015).

**Materials needed:** Costumes, decorations, paint, paper brushes, stands, pallets, work space + a bus.

**Objective:** To preserve the local culture as well as landscapes while developing young people's creativity.

**Target group:** 14 to 29 years.

**Description:** The participants who sign up for the project have various workshops: first the theatre where the typical Andalusian theatre is represented in plays; then the art class where the participants develop their painting skills and at the same time try to depict the Andalusian landscapes and architecture. At the end of each 3 months the exposition of the paintings is held. Also, during the entire project the participants are taken to see other region's festivities which they can later represent in their paintings as well.

**Learning outcomes:** Better knowledge of one's culture and art.

**Competence development:** creativity, cultural knowledge, better conception of the environment and nature, historic knowledge.

## "Cuida Tu Cultura"



**Owner:** Gabriel "Gabi" Serrano  
gabriel.serrano.centenera@gmail.com



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**Timing:** 1 month (September)..

**Materials needed:** Typical products of each Italian region, stands.

**Objective:** typical Italian products exposition and possibility to taste.

**Target group:** all ages.

**Description:** 1) Find people to show their own products;  
2) Creating stands;  
3) Promoting;  
4) Call famous people who will do entertainment show.

**Learning outcomes:** Knowledge of different Italian region's cuisine and other typical products.

**Competence development:** Social and civic competence, sense of initiatives and entrepreneurship.

## "Festa dell' Unità"



**Owner:** Valeria Barberio  
valeria.babbe@gmail.com



**Timing:** 2 weeks in May

**Materials needed:** Setting up kiosks (services, info for the village, exhibitions, food/drink, private initiatives --> sell);

**Objective:** to preserve and promote our agriculture – tradition, promotion of village

**Target group:** suitable for everyone.

**Description:** Activities linked to roses, competitions, treasure hunts, dances/songs, games.

**Each participant/organizing group:** find a spot; create an advertisement which will be included in the general programme; say what is your activity/programme.

**Activities:** Competitions: cocktail competition -> find a recipe; Gastronomy competition -> find a pie recipe; Drawing competition -> theme: roses; Treasure Hunt: groups of participants create a village map + search for clues to find the prize.

**Competence development:** creativity – entrepreneurship, cultural awareness and expression, social and civic competence

**Learning outcomes:** understand local history – industries; actively involved in the cultivation and process of roses; learn where to purchase products.

## "Rose Festival"

**Information:** [www.agros.org.cy](http://www.agros.org.cy)

**Youtube video** EDEN(2008)- Agros (Cyprus) (Promotional)



**Timing:** 2 times a month, 2 hours.

**Materials needed:** room (Auditorium), projector, traditional movie, presenter (historian, politician, etc).

**Objective:** educate, interest

**Target group:** internationals, youth.

**Description:** Process:

- 1) Choose the movies (Culturally relevant);
- 2) Find a presenter;
- 3) Advertise;
- 4) Book a room with equipment;
- 5) Actual event;
- 6) Repeat 2X a week.

**Competence development:** : knowledge of local history, better understanding of locals

**Learning outcomes:** : knowledge of others' culture, integration, understandings

## "Movie Night"



**Owner:** Sandra Viira  
viirasandra@gmail.com



## "Band Exchange Project"

**Timing:** 3 times during 3 months

**Materials needed:** bands, backline, instruments, food, media, transport

**Objective:** to offer "live" situation for young bands and teach how to do concert in real. Also teach playing and how to play in an instrument. How to do marketing and advertise musical events.

**Target group:** young bands aged between 15-18. Concerts open for everybody

**Description:** contacts to the cities, find right bands. Find transport and instruments, buy food, make newspaper advertisement, use social media and "jungle drum", make the show, evaluation.

**Competence development:** cultural awareness and expression, sense of initiatives and entrepreneurship.

**Learning outcomes:** playing in musical instruments, playing in a stage and make a live music, marketing and promotion, management skills, etc.



**Owners:** Seppo Pohjolainen,  
Samppa Taivalmaa  
seppo.pohjolainen@jki.fi  
samuli.taivalmaa@lapua.fi



## "Traditional daily"

**Materials needed:** copy machine, pc (better laptop), paper + pencils, markers of different colours, experts, volunteers, a photo camera

**Objective:** To make traditions and national culture closer and "applicable" to modern youth -> to implement some elements of national culture into modern life of youth.

**Target group:** pupils + students.

**Description:**

- 1) organize celebration of national festivals in a traditional way + invite youth by spreading leaflets info in social networks
- 2) workshops of handmade (in an NGO office or in schools)
- 3) creation of a website + facebook webpage in English involving active youth
- 4) ) workshops for art schools on designing traditional national items of clothes or using such elements while creating modern ones
- 5) scenario contest for youth in the city on writing a script for a theatre performance using traditional national topics
- 6) a book/brochure "Modern Traditional" containing all mentioned above: games, what a mother can make with a child by hands, clothes = traditional + modern outlooks, recipes

**Competence development:** communication skills, teamwork, artistic skills, creativity;

**Learning outcomes:** some traditional/ancient issues are included into modern life of youth



**Owners:** Oksana Zamora  
pantomima@ukr.net

## "Motanka Doll workshop"

**Timing:** 40 - 50 min.

**Materials needed:** parts of tissue, sewing tools, some pieces with decorative ethno-ornament, threads, needles, scissors.

**Objective:** show art of making traditional personal amulet doll "motanka".

**Target group:** from 15 years old -> to 99 years old, able to hold a needle

**Description:** facilitator telling short introduction what is "motanka", what spiritual meaning it has, what were our ancestors, thinking of its importance, and what for it was serving (bring health, wellness to home, protect from evil spirits).

People first of all sewing such piece like a bag (drawing of a bag) and fill it with bukit, putting a coin on below (for wealth) after we are closing the bag, remember that should be few as possible off knots.

The next step -> to make a clothes for motanca -> skirt, jacket and scarf on head and neck.

**Learning outcomes:** participants come closer to Ukrainian culture to legends and beliefs of Ukrainian people. As well they get a personal amulet and "home angel", as well as idea for a present for their friends and family.



**Owners:** Katia ModaKvoda  
Vodopianova  
ka4erina@gmail.com



## "TSCHEBURASCHKA"

**Timing:** once per week/all the year, 90 min/occasion

**Materials needed:** videos (faingtalles) in Russian, songs, games

**Objective:** protect the Russian culture, identity abroad

**Target group:** 3 - 14 years old.

**Description:** to meet with the children regularly and make them understand how important their culture, identity is -> play with them Russian games, watching Russian fairytales Tscheburaschka -> teach them the russian alphabet so that they can write and read.

1) welcome the children - talk to them about their week (if possible in Russian) - make them "friends";

2) watch Tscheburaschka - to translate to those ones who doesn't understand;

3) divide them into groups

when we have already the groups, the volunteers go to different categories with activities: reading books, write nice stories, teach children write and read, more fairytales, play Russian games, sing Russian music, dance.

**Learning outcomes:** Keep in touch" with the culture.

**Competence development:** Learn the language, honour the culture. analytical skills

**OWNERS:** Daniel Febel

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**Timing:** First Contact groups ~ 2 weeks;  
Actual event ~ 20...30 min (as a part of a traditional evening);

**Materials needed:** Dance group (traditional costumes); Music (sound system); Optional accessories.

**Objective:** To teach about local culture & preserve traditions

**Target group:** young people

**Description:** Contact dance group in advance;  
Find if they have any special needs (changing rooms, rehearsal time);  
Official program;  
Including the audience " Say thanks!"

**Learning outcomes:** knowledge of traditions through music and dance

**Competence development:** better communication, knowing traditional dance moves, raise of self-esteem, cultural awareness and expression

## "Traditional Dance"



**Owners:** Sandra Viira  
viirasandra@gmail.com

**Timing:** 20-30 min

**Materials needed:** printed CVs

**Objective:** to teach young people from the basics about job interviews

**Target group:** 16-20, people looking for first job

**Description:**

- 1 - Choose 4-5 volunteers;
- 2 - Give each of them a different CVs/ identities of people of various back grounds;
- 3 - They should memorize the CV and go to job interview in the name of that person;
- 4 - The trainer/ interviewer asks the volunteers questions (the more unpleasant the better-preparation for real life, where not all people are nice and friendly) e.g. he can ask them to speak in foreign language.

**Learning outcomes:** real -life practice of how to deal with job interviews and especially with unpleasant interviewer

**Competence development:** social and civic competence

## "Interview practice"



**Owners:** Silvia Matisová  
sisamatisova@gmail.com



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## "Communication through art and traditional"

**Timing:** 1 year (preparation, implementation, evaluation, follow-up).

**Materials needed:** Sculpture, painting, braiding, handmade materials, cooking materials, IT materials (laptop, printer, photo/video camera) paper, markers, tape, glue, scissors, stickers.

**Objective:** Raising the awareness on traditions and customs among youngsters; promoting these in the local community (County); developing abilities and competences in the artistically and astronomical field

**Target group:** 14-24 years old (12 youngsters).

**Description:** Study visit in the village here the youngsters talk with the all people who shared the stories, photos or traditions;  
Summer Camp: The youngsters from the target group mixed with the local youngsters from the village, during the week, learning handcraft pottery and the traditional masks handmade jewellery, team - building in nature.  
Workshops in the centre, where the youngsters apply with other young people from the local community, what they had developed during the summer camp.

**Learning outcomes:** the 12 youngsters (+ others from the local community) will become more aware about their traditions and costumes and will involve more people in the community life.

**Competence development:** learning to learn, communication in mother tongue, peer learning, cultural awareness, entrepreneurship skills, digital competences

**Owners:** Georgian Grozea  
giorgiona.grozea@yahoo.com



**Timing:** 1 day to create and prepare, 1 for the opening, 2 weeks in exhibition

**Materials needed:** constructions material (nails, hammers, tape), computer, computer skills, internet (to advertise, promote, spread the word) office materials

**Objective:** to promote the arts broaden the horizons, make people think

**Target group:** the whole community, in the case of the h2o, the people from Arrouquelas

**Description:**

- 1 - Find the artist and know its work;
- 2 - Create the proper space to put together the exhibition;
- 3 - Choose with the artist what works to exhibit;
- 4 - Create press material to advertise the exhibition;
- 5 - Arrange an opening party with the artist where to describe his or her work;
- 6 - Make sure to have the visitors counted to have numbers to present in the end and evaluate the impact in the community;
- 7 - Take photos and videos;

**Competence development:** **The people organizing:** Orgazitional skills; Communication skills; Ability to work under pressure.

**The visitors:** Get in contact with different types and works of art; Develop their own takes; Broaden their horizons; Get in touch with different, possibly uncommon things.

**The artists:** Motivation to show their works to a specific target; Think of their own work and how to adapt in the visitors in a way they can relate with;

## "Arts exhibition"



**Owner:** Tiago Pereira  
h2o@h2o.org.pt



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**Timing:** 1.5 hour (90min).

**Materials needed:** Glow sticks, costumes, map, water, torches, candles, pens & pencils, ropes, scarf's. HR records leaders.

**Objective:** Team building activity; survival skills, orientation, leadership, strategies, thinking, physical activity

**Target group:** 14 -17 years old or 18-25 years old young people

**Description:** Observe and check the territory for safety conditions; Make a story in order to make the activity funnier; Prepare the activities of the station; Divide roles and responsibilities between the leaders; Prepare the territory: make roads to the with glow stick; signs: Green - Safe Round, Orange - Danger, Careful, Red - Don't enter; Diving participant into the teams; Explaining rules of the activity in very details and checking if everything is understandable for everyone. Game start!

**Learning outcomes:** After the activity participants will learn strategic planning tools, they will understand roles of the members in the group and they will build group and just to have fun and joy.

**Competence development:** Learning to learn;  
Sense of initiative and entrepreneurship;  
Cultural awareness and expression

## "Night Adventure"



**Owner:** Association "Georgia youth for Europe".

vakhtang@gye.ge, achi-ko@gye.ge



## "Bedouins' week"

**Timing:** one week

**Materials needed:** advertising at local website, posters, place, community centre, flyers

**Objective:** To remind the new generation; To share and preserve the heritage of the fathers.

**Target group:** youth 14-18 years old

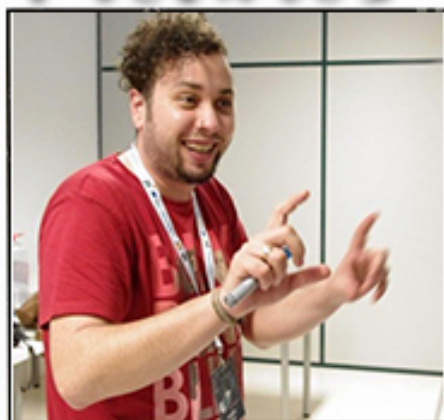
**Description:** 1- Every school has to prepare the own show;  
2- Going to people the old ones asking about food, clothes, music, tools and herbs and bring it to community centre;  
3- inviting people to the community centre. Open night = will be with music and the Bedouins dance and all the week people come ad make and eat the typical food.

**Learning outcomes:** creativity, self – confidence, good relationship between young and old

**Competence development:** youth try to do the best; they can run their own project at the future; looking for all the sources.

**Owner:** Muna Bani Rabén  
mara4567@hotmail.com

# Pictures

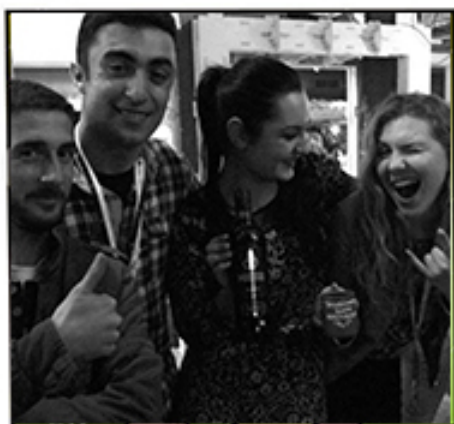


# Pictures





# Pictures



# Pictures





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